

Webelos Scout Advancement Record

Webelos: _____ Den #: _____ Den Leader: _____

Bobcat

1. Learn and say the Cub Scout Promise.
2. Say the Law of the Pack. Tell what it means.
3. Tell what Webelos means.
4. Show the Cub Scout sign. Tell what it means.
5. Show the Cub Scout handshake. Tell what it means.
6. Say the Cub Scout motto. A motto is a rule.
7. Give the Cub Scout salute.
8. Complete the exercise in the parent's guide. (To be completed by parent.)

Requirements

Webelos Badge: Earn the *Fitness* badge plus two more activity badges each from a different badge group.

Compass Points Emblem: Earn the *Webelos* badge and four additional activity badges. You can add a metal "compass point" to it for each additional four activity badges you earn.

Arrow of Light Award: Earn the *Webelos* badge. You'll need a total of eight activity badges, including *Citizen*, *Readyman* and *Fitness*. The total must include at least one badge from each of the five activity badge groups.

Physical Skills Activity Badge Group

***Aquonaut* (Do These:)**

1. Jump into water over your head. Level off and swim 100 feet, at least half of this using the elementary backstroke.
2. Stay in the water after the swim and float on your back in a resting position with as little motion as possible for one minute.

(And Do Three of These:)

3. Do a surface dive and swim under water for two strokes before coming up.
4. Swim on the surface for 50 feet while properly using a mask, fins and a snorkel.
5. Demonstrate three basic water rescue methods. Demonstrate reaching and throwing. Describe going with support.
6. Know the rules of small-boat safety. Show that you know how to handle a rowboat.
7. Put on a personal flotation device (PFD) that is the right size for you. Make sure it is properly fastened. Wearing the PFD, jump into water over your head. Show how the PFD keeps your head above water by swimming 25 feet. Get out of the water, remove the PFD, and hang it where it will dry.
8. While you are a Webelos Scout, earn the Cub Scout Sports belt loop for swimming.

***Athlete* (Do These:)**

1. Explain what it means to be physically healthy.
2. While you are a Webelos Scout, earn the Cub Scout Sports pin for physical fitness.

(And Do Five of These:)

3. Lie on your back. Have another person hold your feet to the floor and do 30 curl-ups.
4. Do 2 pull-ups on a bar.
5. Do 8 push-ups.
6. Do a standing long jump of at least 5 feet.
7. Do a vertical jump & reach of at least 9 inches.
8. Do a 50-yard dash in 8.2 seconds or less.
9. Do a 600-yard run (walk) in 2 minutes 45 seconds or less.

***Fitness* (Do Six of These:)**

1. Complete a Safety Notebook.
2. Plan a week of meals. Explain what kinds of meals are best for you and why.
3. Keep a record of your daily meals and snacks for a week. Decide whether you have been eating foods that are good for you.
4. Tell about the bad effects smoking or chewing tobacco would have on your body.
5. Tell 4 reasons why you should not use alcohol and how it could affect you.
6. Tell what drugs could do to your body and how they would affect your ability to think clearly.
7. Read the booklet *Take a Stand Against Drugs!* Discuss it and show that you understand the material.

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Sportsman (Do These:)

1. Show the signals used by officials in one of these sports: football, basketball, baseball, soccer or hockey.
2. Explain what good sportsmanship means.
3. While you are a Webelos Scout, earn Cub Scout Sports belt loops for 2 individual sports.
4. While you are a Webelos Scout, earn Cub Scout Sports belt loops for 2 team sports.

Mental Skills Activity Badge Group

Artist (Do Five of These:)

1. Draw or paint an original picture, using the art materials you prefer. Frame the picture for your room or home.
2. List the primary and secondary colors. Explain what happens when you combine colors.
3. Using a computer, make six original designs using straight lines, curved lines or both.
4. Draw a profile of a member of your family.
5. Use clay to sculpt a simple subject.
6. Make a mobile, using your choice of materials.
7. Make an art construction, using your choice of materials.
8. Create a collage that expresses something about yourself.

Scholar (Do Three of These:)

1. Have a good record in attendance, behavior and grades at school.
 2. Take an active part in a school activity or service.
 3. Discuss with your teacher or principal the value of having an education.
 4. List in writing some important things you can do now because of what you've learned in school.
- (And Do Three of These:)**
5. Trace through history the different kinds of schools. Tell how our present public school system grew out of these early schools.
 6. Make a chart showing how your school system is run.
 7. Ask a parent and five other grown-ups these questions:
 - What do you think are the best things about my school?
 - What are its main problems?What do you think were the best answers? Why?
 8. List and explain some of the full-time positions in the education field.
 9. Help another student with schoolwork. Tell what you did to help.

Showman

Choose one set of requirements for this badge: Puppetry, Music or Drama

Puppetry (Do Four of These:)

1. Write a puppet play about one of your Webelos den activities or a subject of your choice.
2. Make a set of puppets or marionettes for the play you have written or for another play.
3. Build a simple stage for marionettes or puppets.
4. Alone or with the help of others, put on a puppet show for you den or pack.
5. Make a set of four paper bag puppets for a singing group. With the help of three other den members, sing a song with the puppets as the performers.
6. There are sock, stick and finger puppets. There are paper bag puppets and marionettes. Explain their differences and show any puppets you have made for this badge.

Music (Do Four of These:)

1. Play four tunes on any band or orchestra instrument. Read these from music.
2. Sing two songs alone or with a group.
3. Make a collection of three or more records, tapes or compact discs. Tell what you like about each one.
4. Tell what folk music is. Hum, sing or play a folk tune on a musical instrument.
5. Name three American composers. Name a famous work by each.
6. Draw a staff. Draw on it a clef, with a sharp, flat, natural, note and rest. Tell what each is used for.
7. Show the difference between 2/4, 3/4 and 4/4 time by beating time or playing an instrument.

Drama (Do Four of These:)

1. Give a monologue (a talk) on a patriotic, humorous or holiday subject or another subject of your choice.
2. Attend a play. Describe the story. Tell what you liked about it.
3. Read a play. Make a model stage setting for one of the acts.
4. Write, put on and take part in a one-act play.

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5. Make a list of stage directions. Tell what they mean.
6. Describe a theater-in-the-round. What are its good and bad points?
7. Explain the difference between a grand opera and a light opera. Explain the difference between a musical and a play.
8. Read about William Shakespeare. Draw a picture of his Globe Theater.

Traveler (Do Five of These:)

1. Get a map or timetable from a railroad, bus line, airline, subway or light rail. The line should serve the place where you live or near where you live. Look up some places where it goes.
2. Use a timetable to plan a trip from your home to a city in another state by railroad, bus, airline or ferry.
3. With your parent or guardian, take a trip to a place that interests you. Go by car, bus, boat, train or plane.
4. figure out what it costs per mile for the trip you have taken in requirement 3.
5. List four nearby trips you would like to take with your parents or guardian. Lay out the trips on a highway map. Using the map, act as navigator on one of these trips. It should start at your home, be at least 25 miles long, and have six or more turns.
6. Pack a suitcase for a trip.
7. Check the first aid kit in the family car to see if it contains what is needed.

Community Activity Badge Group

Citizen (Do All of These:)

1. Know the names of the President and Vice President of the United States. Know the names of the governor of your state and the head of your local government.
2. Describe the flag of the United States and give a short history of it. With the help of another Webelos Scout, show how to hoist and lower the flag, how to hang it horizontally and vertically on a wall and how to fold it.
3. Explain why you should respect your country's flag. Tell some of the special days you should fly it. Tell when to salute the flag and show how to do it.
4. Repeat the pledge of allegiance from memory. Explain its meaning in your own words. Lead your Webelos den in reciting the pledge.
5. Tell how our national anthem was written.
6. Explain the rights and duties of a citizen of the United States. Explain what a citizen should do to save our natural resources.
7. Alone or with your Webelos den, do a special Good Turn. Help your church or other religious organization, school, neighborhood or town. Tell what you did.

(And Do Two of These:)

8. Tell about 2 things you can do to help law enforcement agencies.
9. Visit a community leader. Learn about the duties of the job or office. Tell the members of your Webelos den what you have learned.
10. Write a short story of not less than 50 words about a former US president or some other great American man or woman. Give a report on this to your Webelos den.
11. Tell about another boy you think is a good citizen. Tell what he does that makes you think he is a good citizen.
12. List the names of three people you think are good citizens. They can be from any country. Tell why you chose each of them.
13. Tell why we have laws. Tell why you think it is important to obey the law. Tell about three laws you obeyed this week.
14. Tell why we have government. Explain some ways your family helps pay for government.
15. List four ways in which your country helps or works with other nations.
16. Name 3 organizations, not churches or religious organizations, in your area that help people. Tell something about what one of these organizations does.

Communicator (Do Seven of These:)

1. Play the Body Language Game with your den.
2. Prepare and give a three-minute talk to your den on a subject of your choice.
3. Invent a sign language or a picture writing language and use it to tell someone a story.
4. Identify and discuss with your den as many different methods of communication as you can (at least six different methods).
5. Invent your own den secret code and send one of your den members a secret message.
6. With your den, visit a library and talk to a librarian. Learn how books are cataloged to make them easy to find.

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7. Visit the newsroom of a newspaper or a radio or television station and find out how they receive information.
8. Write an article about a den activity for your pack newsletter or local newspaper.
9. Invite a person with a visual, speaking or hearing impairment to visit your den. Ask about the special ways he or she communicates. Discover how well you can communicate with him or her.
10. Use a personal computer to write a letter to a friend or relative. Create your letter, check it for grammar and spelling, and save it to either a hard drive or a diskette. Print it.
11. Search the internet and connect to five Web sites that interest you. Exchange e-mail with a friend or relative.
12. Earn the Academics belt loop for computers.
13. Earn the Academics belt loop for communicating.
14. Find out about jobs in communications. Tell your den what you learn.

Family Member (Do All of These:)

1. Tell what is meant by family, duty to family and family meetings.
2. Make a chart showing the jobs you and other family members have at home. Talk with your family about other jobs you can do for the next two months.
3. Inspect your home and surroundings. Make a list of hazards or lack of security that you find. Correct one problem that you found and tell what you did.
4. Explain why garbage and trash must be disposed of properly.
5. Make a list of some things for which your family spends money. Tell how you can help your family save money.
6. Plan your own budget for 30 days. Keep track of your daily expenses for seven days.

(And Do Two of These:)

7. Prepare a family energy-saving plan. Tell the things you did to carry it out.
8. Tell what your family does for fun. Make a list of fun things your family might do for little cost. Do one of them with a member of your family.
9. Learn how to clean your home properly. Help do it for one month with adult supervision.
10. Show that you know how to look out after your clothes. With adult supervision, help at least twice with the family laundry.
11. Help plan the meals for your family for at least one week. Help buy the food and help prepare at least three meals for your family.
12. Take part in at least four family meetings and help make decisions. The meetings might involve plans for family activities, or they might be serious topics that your parent wants you to know about.

Readyman (Do All of These:)

1. Explain what first aid is. Tell what you should do after an accident.
2. Explain how you can get help quickly if there is an emergency in your home. Make a "help list" of people or agencies that can help you if you need it. Post it near a phone or other place with easy access.
3. Show what to do for these "hurry cases":
 - Serious bleeding
 - Stopped breathing
 - Internal poisoning
 - Heart attack
4. Show how to treat shock.
5. Show first aid for the following:
 - Cuts & scratches
 - Burns & scalds
 - Choking
6. Tell what steps must be taken for a safe swim with your Webelos den, pack, family or other group. Explain the reasons for the buddy system.

(Do Two of These:)

7. Explain 6 safety rules you should follow when riding a bicycle.
8. Make a home fire escape plan for your family.
9. Explain how to use each item in a first aid kit.
10. Tell where accidents are most likely to happen inside and around your home.
11. Explain 6 safety rules you should remember when riding in a car.
12. Attend a first aid demonstration at a Boy Scout troop meeting, a Red Cross center or other place.

Technology Activity Badge Group

Craftsman (Do These:)

1. Explain how to safely handle the tools that you will use for this activity badge.

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2. With adult supervision and using hand tools, construct two different wooden objects you and your Webelos den leader agree on. Use a coping saw or jigsaw for these projects. Put them together with glue, nails or screws. Paint or stain them.

Book Rack	Napkin Holder	Shelf	Animal cutouts
Bulletin board	Garden tool rack	Weather vane	Lid holder
Tie rack	Mailbox	Letter holder	Birdhouse
Notepad holder	Desk nameplate	Toolbox	Letter, bill and pencil holder
Recipe holder	Bread box	Lamp stand	Key rack
Kitchen knife rack	Measuring cup rack	Kitchen utensil rack	Measuring spoon rack

3. Make a display stand or box to be used to display a model or an award. Or make a frame for a photo or painting. Use suitable material.
4. Make four useful items using materials other than wood that you and your Webelos den leader agree on, such as clay, plastic, leather, metal, paper, rubber or rope. These should be challenging items and must involve several operations.

Engineer (Do Five of These:)

1. List 10 different things engineers do.
2. Visit a construction site. Look at a set of plans. Tell your Webelos den leader about these.
3. Visit a civil engineer to understand how to measure the length of a property line. Explain how property lines are determined.
4. Tell about how electricity is generated and then gets to your home.
5. Construct a simple working electrical circuit using a flashlight battery, a switch and a light.
6. Make drawings of three kinds of bridges and explain their differences. Construct a model bridge of your choice.
7. Make a block and tackle and show how it works.
8. Build a catapult and show how it works.
9. Draw a floor plan of your house. Include doors, windows and stairways.
10. Explain how engineers use computers.

Handyman (Do Six of These:)

1. With adult supervision, wash a car.
2. Help an adult change a tire on a car.
3. With adult supervision, replace a bulb in the taillight, turn signal or parking light or replace a headlight on a car.
4. With adult supervision, show how to check the oil level and tire pressure of a car.
5. Make a repair to a bicycle.
6. Properly lubricate the chain on a bicycle.
7. Properly inflate the tires on a bicycle.
8. Replace a light bulb in a fixture or a lamp.
9. With adult supervision, arrange a storage area for household cleaners and other dangerous materials where small children cannot get them.
10. Build a sawhorse or stool to be used around your home.
11. Help take care of the lawn.
12. Arrange a storage area for hand tools or lawn and garden tools.
13. Clean and properly store hand tools or lawn and garden tools in their storage areas.
14. Mark hand tools or lawn and garden tools for identification.

Scientist (Do These:)

1. Read Bernoulli's principle. Show how it works.
2. Read Pascal's law. Tell about some inventions that use Pascal's law.
3. Read Newton's first law of motion. Show in three different ways how inertia works.

(And Do Six of These:)

4. Show the effects of atmospheric pressure.
5. Show the effects of air pressure.
6. Show the effects of water pressure. This may be combined with atmospheric pressure or with air pressure.
7. Build and launch a model rocket with adult supervision. (note: You must be at least 10 years old to work with a model rocket kit sold in hobby stores.)
8. Explain what causes fog. Show how this works.
9. Explain how crystals are formed. Make some.

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10. Explain how you use your center of gravity to keep your balance. Show three different balancing tricks.
11. Show in three different ways how your eyes work together.
12. Show what is meant by an optical illusion.

Outdoor Activity Badge Group

Forester (Do Five of These:)

1. Make a map of the united States. Show the types of forests growing in different parts of the country. Name some kinds of trees that grow in these forests. For each type of forest, give one or more examples of uses for the wood of its trees.
2. Draw a picture to show the plant and tree layers of a forest in your area. Label the different layers.
3. Identify six forest trees common to the area where you live. Tell how both wildlife and humans use them.
4. Identify six forest plants (other than trees) that are useful to wildlife. Tell which animals use them and for what purposes.
5. Draw a picture showing
 - how water and minerals in the soil help a tree grow
 - how the tree uses sunlight to help it grow
6. Make a poster showing how a tree's growth rings tell its life history.
7. Collect pieces of three kinds of wood used for building houses.
8. Plant 20 forest tree seedlings. Tell how you planted them and what you did to take care of them after planting.
9. Describe the harm wildfires can cause. Tell how you can help prevent wildfire.
10. Draw your own urban forestry plan for adding trees to a street, yard or park near your home. Show what types of trees you would like to see planted.

Geologist (Do Five of These:)

1. Collect five geologic specimens that have important uses.
2. Rocks and minerals are used in metals, glass, jewelry, road-building products and fertilizer. Give examples of minerals used in these products.
3. Make a scale of mineral hardness for objects found at home. Show how to use the scale by finding the relative hardness of three samples.
4. List some of the geologic materials used in building your home.
5. Make a drawing that shows the cause of a volcano, a geyser or an earthquake.
6. Explain one way in which mountains are formed.
7. Describe what a fossil is. How is it used to tell how old a formation is? Find two examples of fossils in your area.

Naturalist (Do Four of These:)

1. Keep an "insect zoo" that you have collected. You might have crickets, ants or grasshoppers. Study them for a while and then release them.
2. Set up an aquarium or terrarium. Keep it for at least a month.
3. Visit a museum of natural history, nature center or zoo with your family, den or pack. Tell what you saw.
4. Watch for birds in your yard, neighborhood or town for one week. Identify the birds you see and write down where and when you saw them.
5. Learn about the bird flyways closest to your home. Find out which birds use these flyways.
6. Learn to identify poisonous plants and venomous reptiles found in your area.
7. Watch six wild animals (snakes, turtles, fish, birds or mammals) in the wild. Describe the kind of place (forest, field, marsh, yard or park) where you saw them. Tell what they were doing.
8. Give examples of
 - A Producer, a consumer and a decomposer in the food chain of an ecosystem
 - One way humans have changed the balance of nature
 - How you can help protect the balance of nature

Outdoorsman (Do Five of These:)

1. Show your ability to tie the following knots:
 - Square knot
 - Bowline
 - Clove hitch
 - Two half hitches
 - Taut-line hitch

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2. Pitch a tent using two half hitches and a taut-line hitch. make a ground bed. Sleep in your tent for at least one night, if your parent allows you to do this.
3. With your adult partner, take part in a Webelos overnighter or camp overnight with a Boy Scout troop.
4. Help with a two-night campout away from home with your family. or go on two one-night campouts with your family.
5. With your family or Webelos den, plan and take part in an evening outdoor activity that includes a campfire.
6. Help cook your own lunch or supper outdoors with a parent or another adult. Clean up afterward.
7. Know and practice the rules of outdoor fire safety.
8. Visit a nearby Boy Scout camp with your den.